

SAMPLE MENU



	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREAKFAST OFFERED DAILY	Choice of Juices: Orange, Grapefruit, Apple, Prune, Cranberry Choice of Beverages: Coffee, Tea, Milk, Hot Chocolate, Decaf Coffee or Tea Choice of Eggs: Scrambled, Fried, Hard Boiled, Egg Whites, Egg Beaters Blueberry, Bran or Corn Muffins, Toast, English Muffins, Bagels, Bialys, Oatmeal, Assorted Cold Cereals						
DAILY CHOICES	Buttermilk Biscuit Cream of Rice	Pancakes	French Toast Wheatina	Buttermilk Biscuit	Pancakes Farina	Buttermilk Biscuit	French Toast Cream of Wheat
LUNCH DAIRY LUNCH	Daily Alternatives: Tuna, Egg Salad, Grilled Cheese, Lettuce and Tomato, Peanut Butter Platters: Cottage Cheese and Fruit, Tuna or Egg Salad with Tomato and Onion on a Bed of Lettuce Omelettes, Gefilte Fish, Sardines, Salmon, Assorted Cheeses, Sliced Nova and Cream Cheese with a Bagel						
DAILY CHOICES	Cr. Of Broccoli Soup, Eggplant Parmesan, Garlic Bread, Italian Bread, Macadamia Cookies, Sliced Peaches	Tomato Rice Soup, Imitation Seafood Salad Platter, Cheese Cake, Apricot Halves	Split Pea Soup, Spinach & Cheese Pastry Pocket, Brownies, Whole Fruit	Minestrone Soup, Triple Scoop Platter, Loaf Cake, Pear Halves	Mushroom Barley, Vegetarian Burger , Strudel Bites, Watermelon	Lentil Soup, Chicken Pot Pie, Cranberry Nut Loaf Cut Up Fruit	Cr. of Spinach Soup, Whitefish Platter, Ice Cream, Strawberries
DINNER CHOICES	Beef Noodle Soup, Lamb Stew, Crispy Chicken, Confetti Orzo, Broccoli	Vegetable Soup, Stuffed Cabbage, Garlic & Herb Chicken, Baked Potato, Zucchini w/Mushroom & Red Pimento	Chicken Rice Soup, Pot Roast, Polynesian Chicken, Baked Yams, Asparagus Spears	Beef Barley Soup, Tongue, Polonaise Chicken Francese, Rice Pilaf Normandy Blend	Corn Chowder, Broiled Salmon, Baked Potato w/Sour Cream, Green Beans	Chicken Matzo Ball, Brisket, Roast Chicken, Kasha Varnishka, Carrot Tzimmes	Beef Vegetable, Corned Beef, Chicken Dijon, Parslied Potatoes, Cabbage or Green Beans
DESSERTS	Chocolate Cake Grapes	Jello Fresh Pears	Coffee Cake Cut Up Fruit	Sherbert Mandarin Oranges	Chocolate Eclar Fresh Fruit	Honey Cake Stewed Fruit	Fruit Cake Cut Up Fruit

SNACKS 3:30PM DAILY: Pretzels, Potato Chips, Nuts, Raisins, Assorted Cookies and Cold Beverage